



PB&J Smoothies made with Rustlin' Rob's Chocolate Banana Peanut butter and Rustlin' Rob's Strawberry Preserve

Heat Level: Mild

Ingredients:

½ cup plain Greek Yogurt

½ cup milk

1 banana

2 tablespoons [Rustlin Rob's Strawberry Preserve](#)

2-3 tablespoons [Rustlin' Rob's Chocolate Banana Peanut Butter](#)

Directions:

In a blender combine yogurt, milk, banana, jelly, and peanut butter. Cover and blend until nearly smooth.